

# Bread Baking with Professor Bread

Saturday, September 17

Adult session: 9 am–1:15 pm

Parent/Child session: 2–4 pm

Camp Caravan, 255 S.Royalston Road, Royalston, MA

## Let's Break Bread Together

**Adult session:** The basics, from fermentation (including working with a sourdough recipe and pre-ferments), to various ways of shaping and baking a range of bread types. Share delicious breads fresh from the oven—make a rye bread in time for lunch, prepare a dough for focaccia and make a sponge for bagels. Includes lunch.

**Parent/Child session:** Sharing the Staff of Life. Make whole wheat raisin or cranberry bread together, culminating with sharing warm bread and homemade butter.

Educator and social worker, Dr. Gary Gomer, a/k/a Professor Bread, created the Breadmaking-in-the-Schools program and has taught thousands of students and hundreds of parents all about bread and how simple and joyful it is to make at home.

**\$20 adult session, includes lunch**  
**\$15 per family for parent/child session**

**Preregistration is necessary:**  
registrar@campcaravan.org or 978-249-3505

